

# Beginnings XD

## Extended Day options for Beginnings Preschool Families

Beginnings XD programming at St. Andrew's United Methodist church offers an option for extending your child's day at preschool to include extra whole group activities, games, gross-motor fun, and enrichment time in the afternoon. You may add up to 4 days of XD to the schedule of your child – age 3 and above - who is currently enrolled in morning preschool. The hours for Beginnings XD are 11:30 a.m. to 3:30 p.m., Monday through Thursday.

If your child is staying for an extended day, (s)he will need to bring a lunch from home. Here are some important standards and guidelines to remember when packing your child's lunch:

- Please ensure that your child's lunch includes a variety of choices with at least one serving each of the following: protein, fruit or vegetable, grain, and dairy. If these requirements are not met, state guidelines require us to supplement your child's lunch with the missing item(s).
- We are a nut-free facility. To ensure the safety of all students, please do not send items that include nuts in your child's lunch. This includes peanut butter. Sunflower butter is an acceptable alternative.
- Your child's lunch should be placed in a thermal lunchbox, or ice packs should be used, to ensure that the food is kept at an appropriate temperature.
- Staff members will assist your child in opening packages/containers in their lunch, with the goal of helping them develop skills of independence and, ultimately, self-sufficiency at meal-time.
- Food sent in your child's lunch should be ready to eat. We are unable to heat individual items from your child's lunch.
- Please include one or more food items in your child's lunchbox that will serve as their afternoon snack.

Indicate your enrollment request for Beginnings XD below. Pricing is as follows:

- 1 Day per week (\$ 90/month) Mon\_\_\_ Tues\_\_\_ Wed\_\_\_ Thurs\_\_\_
- 2 Days per week (\$180/month) Mon\_\_\_ Tues\_\_\_ Wed\_\_\_ Thurs\_\_\_
- 3 Days per week (\$270/month) Mon\_\_\_ Tues\_\_\_ Wed\_\_\_ Thurs\_\_\_
- 4 Days per week (\$360/month) Mon\_\_\_ Tues\_\_\_ Wed\_\_\_ Thurs\_\_\_
- Beginnings XD will also be offered Monday through Thursday for drop-ins, based on availability. The daily drop-in fee is \$25.

Other Policies/Procedures:

- Tuition is paid monthly through automatic withdrawal.
- If your child will be absent on their scheduled XD day due to illness, you will be offered a make-up day within the same month, provided that we are notified of that absence prior to 8:30 a.m. on that day. The same offer will be made if the absence is pre-planned, i.e. due to a reason other than illness. Make-up days may not be carried over into the next month. This make-up provision would not apply to those who are registered for 4 XD days, as the program only operates 4 days each week.
- In the event that Beginnings Preschool is cancelled due to inclement weather on your child's scheduled XD day, you will also be offered a make-up day within the same month.
- Depending upon local health conditions & recommendations related to Covid-19, your child may be required to wear a face covering during their time in Extended Day.

I have read the above guidelines for Beginnings XD at St. Andrew's United Methodist Church. I agree to abide by these guidelines with regard to the enrollment of my child(ren).

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Parent/Guardian Signature

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Date